

## **How to subscribe to ICAC ALERTS:**

**Via text:** send a text to 81010 with the message "@icac" in the text box

**Via email:** send email to icac@mail.remind.com...email can be blank

You should receive a text or email to confirm your registration. Follow instructions, and you should be good to go!

We would like for our athletes in the **PERFORMANCE** groups to subscribe to ICAC alerts specific for them...

**...to subscribe to ICAC ALERTS (PERFORMANCE TEAM):**

**Via text:** send a text to 81010 with the message "@icacpt" in the text box

**Via email:** send email to icacpt@mail.remind.com...email can be blank

You should receive a text or email to confirm your registration. Follow instructions, and you should be good to go!

For those families that are also involved with **Indian Creek HS swimming**, we have a group specific for them...

**...to subscribe to ICHS SWIM ALERTS:**

**Via text:** send a text to 81010 with the message "@ichssw" in the text box

**Via email:** send email to ichssw@mail.remind.com...email can be blank

You should receive a text or email to confirm your registration. Follow instructions, and you should be good to go!