



2018-2019 CHAMPIONSHIP TIME STANDARDS



AGE GROUP TIME STANDARDS

GIRLS							BOYS					
SCY		LCM		SCM		10 & under	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:30.99	0:36.59	0:35.19	0:41.59	0:34.29	0:40.49	50 Free	0:31.29	0:36.99	0:35.79	0:42.29	0:34.29	0:40.49
1:08.49	1:20.89	1:18.49	1:32.69	1:14.59	1:28.09	100 Free	1:09.29	1:21.79	1:20.29	1:34.79	1:16.59	1:30.39
2:29.99	2:56.99	2:51.19	3:22.09	2:44.39	3:13.99	200 Free	2:32.09	2:59.49	2:52.79	3:23.89	2:48.09	3:18.39
0:36.09	0:42.59	0:41.89	0:49.49	0:39.89	0:47.09	50 Back	0:36.69	0:43.29	0:42.49	0:50.19	0:40.49	0:47.79
1:18.69	1:32.89	1:30.39	1:46.69	1:27.09	1:42.79	100 Back	1:20.09	1:34.59	1:33.29	1:50.09	1:27.79	1:43.59
0:41.59	0:49.09	0:48.19	0:56.89	0:45.79	0:54.09	50 Breast	0:42.39	0:50.09	0:49.99	0:58.99	0:46.89	0:55.39
1:29.89	1:46.09	1:44.99	2:03.89	1:39.09	1:56.99	100 Breast	1:33.09	1:49.89	1:48.89	2:08.49	1:42.79	2:01.29
0:34.79	0:41.09	0:40.09	0:47.39	0:38.09	0:44.99	50 Fly	0:35.89	0:42.39	0:41.59	0:49.09	0:39.69	0:46.89
1:22.79	1:37.69	1:37.79	1:55.39	1:31.59	1:48.09	100 Fly	1:24.19	1:39.39	1:41.79	2:00.19	1:33.09	1:49.89
2:49.69	3:20.29	3:15.29	3:50.49	3:07.89	3:41.79	200 IM	2:52.19	3:23.19	3:20.99	3:57.19	3:09.29	3:43.39
2:15.19		2:36.29		2:27.99		200 Free Relay	2:20.29		2:46.59		2:33.69	
2:33.69		3:02.39		2:48.29		200 Medley Relay	2:43.39		3:16.59		2:58.59	
SCY		LCM		SCM		11-12	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:27.29	0:32.29	0:31.29	0:36.99	0:29.99	0:35.39	50 Free	0:27.39	0:32.39	0:31.69	0:37.39	0:30.09	0:35.59
0:59.39	1:10.09	1:08.39	1:20.79	1:04.99	1:16.69	100 Free	0:59.79	1:10.59	1:09.39	1:21.89	1:05.49	1:17.29
2:10.59	2:34.19	2:29.69	2:56.69	2:22.89	2:48.69	200 Free	2:10.99	2:34.59	2:30.09	2:57.19	2:23.99	2:49.99
5:47.49	6:50.09	5:17.09	6:14.19	5:04.09	5:58.89	400M / 500Y Free	5:47.79	6:50.39	5:21.59	6:19.49	5:04.39	5:59.19
0:31.39	0:37.09	0:36.79	0:43.49	0:34.49	0:40.79	50 Back	0:31.89	0:37.69	0:36.89	0:43.59	0:34.99	0:41.29
1:07.59	1:19.79	1:19.79	1:34.19	1:14.09	1:27.49	100 Back	1:08.79	1:21.19	1:20.99	1:35.59	1:15.39	1:28.99
0:35.89	0:42.39	0:41.19	0:48.69	0:39.39	0:46.49	50 Breast	0:36.49	0:43.09	0:42.59	0:50.29	0:40.09	0:47.39
1:17.89	1:31.99	1:30.49	1:46.79	1:25.39	1:40.79	100 Breast	1:19.39	1:33.69	1:33.89	1:50.79	1:27.09	1:42.79
0:29.99	0:35.39	0:33.79	0:39.89	0:32.89	0:38.89	50 Fly	0:30.49	0:35.99	0:34.99	0:41.29	0:33.49	0:39.59
1:07.69	1:19.89	1:17.89	1:31.99	1:14.19	1:27.59	100 Fly	1:09.59	1:22.19	1:21.19	1:35.89	1:16.99	1:30.89
2:25.99	2:52.29	2:49.89	3:20.49	2:39.79	3:08.59	200 IM	2:28.29	2:54.99	2:51.79	3:22.79	2:42.29	3:11.59
1:53.09		2:10.09		2:04.49		200 Free Relay	1:56.89		2:15.69		2:07.99	
2:07.09		2:26.89		2:19.19		200 Medley Relay	2:11.39		2:34.89		2:23.79	
SCY		LCM		SCM		13-14	SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:25.59	0:30.29	0:29.49	0:34.89	0:28.09	0:33.19	50 Free	0:24.19	0:28.59	0:27.99	0:33.09	0:26.59	0:31.39
0:55.89	1:05.99	1:03.59	1:15.09	1:01.29	1:12.39	100 Free	0:52.89	1:02.49	1:00.99	1:11.99	0:57.99	1:08.49
2:01.29	2:23.19	2:18.89	2:43.89	2:12.89	2:36.89	200 Free	1:56.09	2:16.99	2:13.99	2:38.19	2:07.19	2:30.09
5:22.99	6:21.19	4:57.29	5:50.89	4:47.19	5:38.89	400M / 500Y Free	5:09.49	6:05.29	4:46.39	5:37.99	4:30.89	5:19.69
11:35.59		10:22.19		10:09.39		800M / 1000Y Free	11:05.99		09:59.79		9:42.79	
19:12.89	22:40.49	19:46.79	23:20.49	19:08.29	22:34.99	1500M / 1650Y Free	18:31.19	21:51.29	19:38.99	23:11.29	18:24.59	21:43.49
1:02.69	1:13.99	1:13.09	1:26.29	1:09.09	1:21.59	100 Back	1:00.49	1:11.39	1:11.59	1:24.49	1:06.79	1:18.89
2:15.59	2:40.09	2:37.49	3:05.89	2:28.39	2:55.19	200 Back	2:11.09	2:34.69	2:33.69	3:01.39	2:24.89	2:50.99
1:11.99	1:24.99	1:24.49	1:39.79	1:19.19	1:33.49	100 Breast	1:08.69	1:21.09	1:20.69	1:35.29	1:15.49	1:29.09
2:37.59	3:05.99	3:02.69	3:35.59	2:52.09	3:23.09	200 Breast	2:32.19	2:59.59	2:57.19	3:29.09	2:47.79	3:17.99
1:02.59	1:13.89	1:11.99	1:24.99	1:08.49	1:20.89	100 Fly	0:59.29	1:09.99	1:08.39	1:20.79	1:05.99	1:17.89
2:22.59	2:48.29	2:44.69	3:14.39	2:37.59	3:05.99	200 Fly	2:16.69	2:41.29	2:41.39	3:10.49	2:30.99	2:58.19
2:18.69	2:43.69	2:39.99	3:08.79	2:31.89	2:59.29	200 IM	2:12.09	2:35.89	2:33.19	3:00.79	2:24.59	2:50.69
4:52.69	5:45.39	5:43.29	6:45.09	5:20.29	6:17.99	400 IM	4:43.39	5:34.49	5:30.79	6:30.39	5:11.79	6:07.99
1:45.59		2:01.29		1:55.99		200 Free Relay	1:41.39		1:58.79		1:52.29	
1:58.29		2:16.99		2:10.49		200 Medley Relay	1:54.79		2:17.19		2:05.79	
3:52.89		4:28.99		4:15.79		400 Free Relay	3:43.29		4:22.69		4:07.19	
4:16.79		4:59.39		4:43.29		400 Medley Relay	4:11.89		5:00.29		4:35.89	



2018-2019 CHAMPIONSHIP TIME STANDARDS



SENIOR TIME STANDARDS

SENIOR SPRING (SCY) STATE and SPRING DIVISIONALS

GIRLS						SENIOR	BOYS					
SCY		LCM		SCM			SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:25.09	0:29.69	0:28.19	0:33.29	0:27.59	0:32.59	50 Free	0:22.69	0:26.79	0:25.49	0:30.09	0:24.89	0:29.39
0:54.39	1:04.19	1:01.19	1:12.29	0:59.69	1:10.49	100 Free	0:49.19	0:58.09	0:55.49	1:05.49	0:53.99	1:03.79
1:59.89	2:21.49	2:14.69	2:38.99	2:11.29	2:34.99	200 Free	1:48.89	2:08.49	2:04.09	2:26.49	1:59.29	2:20.79
5:22.79	6:20.89	4:45.39	5:36.79	4:46.99	5:38.69	400M / 500Y Free	4:56.19	5:49.59	4:27.69	5:15.89	4:19.19	5:05.89
11:25.79		10:02.09	0:00.00	10:00.79	0:00.00	800M / 1000Y Free	10:38.59		9:26.59		9:18.79	
19:12.89	22:40.49	19:35.59	23:07.29	19:08.29	22:34.99	1500M / 1650Y Free	17:47.09	20:59.19	18:16.29	21:33.69	17:40.69	20:51.69
1:01.09	1:12.09	1:09.79	1:22.39	1:07.29	1:19.49	100 Back	0:56.09	1:06.19	1:04.89	1:16.59	1:01.89	1:13.09
2:13.59	2:37.69	2:31.39	2:58.69	2:26.19	2:52.59	200 Back	2:03.79	2:26.09	2:22.59	2:48.29	2:16.79	2:41.49
1:10.69	1:23.49	1:20.69	1:35.29	1:17.69	1:31.69	100 Breast	1:02.99	1:14.39	1:12.09	1:25.09	1:09.19	1:21.69
2:34.19	3:01.99	2:55.59	3:27.29	2:48.39	3:18.79	200 Breast	2:19.29	2:44.39	2:40.39	3:09.29	2:33.59	3:01.29
1:00.59	1:11.59	1:07.49	1:19.69	1:06.29	1:18.29	100 Fly	0:54.09	1:03.89	1:00.79	1:11.79	1:00.29	1:11.19
2:17.49	2:42.29	2:35.29	3:03.29	2:31.99	2:59.39	200 Fly	2:04.19	2:26.59	2:22.89	2:48.69	2:17.19	2:41.89
2:15.19	2:39.59	2:33.69	3:01.39	2:28.09	2:54.79	200 IM	2:02.49	2:24.59	2:18.39	2:43.39	2:14.09	2:38.29
4:52.59	5:45.29	5:28.99	6:28.29	5:20.09	6:17.79	400 IM	4:25.49	5:13.29	5:06.39	6:01.59	4:52.09	5:44.69
1:45.09		1:59.69		1:55.09		200 Free Relay	1:34.09		1:46.69		1:43.09	
3:51.49		4:23.39		4:14.19		400 Free Relay	3:26.09		3:59.99		3:48.19	
8:26.69		9:34.99		9:18.89		800 Free Relay	7:38.59		9:01.39		8:22.19	
1:56.39		2:13.49		2:07.49		200 Medley Relay	1:45.29		2:00.79		1:55.29	
4:16.59		4:53.49		4:43.09		400 Medley Relay	3:50.69		4:26.79		4:12.69	

No individual standard is slower than 13-14 standard.

SENIOR SUMMER (LCM) STATE and SUMMER DIVISIONALS

GIRLS						SENIOR	BOYS					
SCY		LCM		SCM			SCY		LCM		SCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
0:24.99	0:29.69	0:28.19	0:33.29	0:27.49	0:32.59	50 Free	0:22.59	0:26.79	0:25.49	0:30.09	0:24.79	0:29.39
0:54.09	1:04.19	1:01.19	1:12.29	0:59.29	1:10.49	100 Free	0:48.79	0:58.09	0:55.49	1:05.49	0:53.49	1:03.79
1:59.29	2:21.49	2:14.69	2:38.99	2:10.69	2:34.99	200 Free	1:48.29	2:08.49	2:04.09	2:26.49	1:58.59	2:20.79
5:20.19	6:20.89	4:45.39	5:36.79	4:44.69	5:38.69	400M / 500Y Free	4:55.09	5:49.59	4:27.69	5:15.89	4:18.29	5:05.89
11:25.79		10:02.09	0:00.00	10:00.79		800M / 1000Y Free	10:27.19		9:26.59	0:00.00	9:08.79	0:00.00
18:59.49	22:40.49	19:35.59	23:07.29	18:54.99	22:34.99	1500M / 1650Y Free	17:34.69	20:59.19	18:16.29	21:33.69	17:28.39	20:51.69
1:00.29	1:12.09	1:09.79	1:22.39	1:06.39	1:19.49	100 Back	0:55.89	1:06.19	1:04.89	1:16.59	1:01.69	1:13.09
2:11.99	2:37.69	2:31.39	2:58.69	2:24.49	2:52.59	200 Back	2:01.39	2:26.09	2:22.59	2:48.29	2:14.19	2:41.49
1:09.99	1:23.49	1:20.69	1:35.29	1:16.99	1:31.69	100 Breast	1:02.09	1:14.39	1:12.09	1:25.09	1:08.19	1:21.69
2:32.49	3:01.99	2:55.59	3:27.29	2:46.59	3:18.79	200 Breast	2:18.19	2:44.39	2:40.39	3:09.29	2:32.29	3:01.29
1:00.29	1:11.59	1:07.49	1:19.69	1:05.99	1:18.29	100 Fly	0:53.59	1:03.89	1:00.79	1:11.79	0:59.69	1:11.19
2:14.89	2:42.29	2:35.29	3:03.29	2:29.09	2:59.39	200 Fly	2:02.19	2:26.59	2:22.89	2:48.69	2:14.99	2:41.89
2:14.49	2:39.59	2:33.69	3:01.39	2:27.29	2:54.79	200 IM	2:01.39	2:24.59	2:18.39	2:43.39	2:12.89	2:38.29
4:48.59	5:45.29	5:28.99	6:28.29	5:15.79	6:17.79	400 IM	4:20.89	5:13.29	5:06.39	6:01.59	4:46.99	5:44.69
1:45.09		1:59.69		1:55.09		200 Free Relay	1:34.09		1:46.69		1:43.09	
3:51.49		4:23.39		4:14.19		400 Free Relay	3:26.09		3:59.99		3:48.19	
8:26.69		9:34.99		9:18.89		800 Free Relay	7:38.59		9:01.39		8:22.19	
1:56.39		2:13.49		2:07.49		200 Medley Relay	1:45.29		2:00.79		1:55.29	
4:16.59		4:53.49		4:43.09		400 Medley Relay	3:50.69		4:26.79		4:12.69	

Summer - non conforming courses are based on 40th place for individual events.

No individual standard is slower than 13-14 standard..